



## Soccer Skills Sessions

NFWASA is pleased to announce **FREE** soccer skill sessions for U5-U6 Boys and Girls. Sessions will be run by the player development director and it is a great opportunity for players to learn some basic skills and for coaches to learn new activities. Show up as individual or as a team.

**U5/U6 Age Group Boys & Girls\***

**Cost: Free**

**Saturday February 21<sup>st</sup>, 2009**

**10:30AM – 11:30AM**

(Fossil Ridge HS Fields)

Rainouts: Please check the NFWASA website ([www.nfwasa.org](http://www.nfwasa.org)) or rain-out line (817-886-0215) in case of inclement weather.

**Fossil Ridge HS Fields** – Go North on Beach, turn LEFT on Thompson. Park behind Heritage Elementary. Fields next to the baseball cages.



### Skills

- Foot skills
- Dribbling
- Turns
- Passing
- Shooting



**What to bring:** Size 3 ball, shin guards, water

**Volunteers needed:** We ask that every team present provide a coach or a parent to help out. Parents are welcome on the field during skills.

☒ For more information email [player\\_development\\_director@nfwasa.org](mailto:player_development_director@nfwasa.org).

*\*Skills are open to NFWASA registered players only*