



# Soccer Skills Sessions

## FALL 2009

### Cost: Free

NFWASA is pleased to announce soccer skill sessions for U5-U8 Boys and Girls. Sessions will be run by the player development director. It is a great opportunity for players to learn some basic skills and for coaches to learn new activities. Show up as individual or as a team.

## Boys & Girls U5-U8 (open to NFWASA registered players only)

**Saturday, August 8 at North Park Fields**

**U5/U6 8:00-9:00 AM**

**U7/U8 9:00-10:00 AM**

Rainouts: Please check the NFWASA website ([www.nfwasa.org](http://www.nfwasa.org)) or rain-out line (817-886-0215) in case of inclement weather.

### Skills

- Foot skills
- Dribbling
- Turns
- Passing
- Shooting
- Small field games



**What to bring:** Size 3 ball, shin guards, and plenty of water

**Volunteers needed:** We ask that every team present provide a coach or a parent to help out. Parents are welcome on the field during skills.